

| | ETAP 1 – 04.09-19.11.2023 | | | | | | | | | | | |
|---------------------|-----------------------------------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-----------|
| | WRZESIEŃ / PAŹDZIERNIK / LISTOPAD | | | | | | | | | | | SUMA |
| Poniedziałek | 4.09 | 11.09 | 18.09 | 25.09 | 2.10 | 09.10 | 16.10 | 23.10 | 30.10 | 6.11 | 13.11 | 11 |
| Wtorek | 5.09 | 12.09 | 19.09 | 26.09 | 3.10 | 10.10 | 17.10 | 24.10 | 31.10 | 7.11 | 14.11 | 11 |
| Środa | 6.09 | 13.09 | 20.09 | 27.09 | 4.10 | 11.10 | 18.10 | 25.10 | 1.11 | 8.11 | 15.11 | 10 |
| Czwartek | 7.09 | 14.09 | 21.09 | 28.09 | 5.10 | 12.10 | 19.10 | 26.10 | 2.11 | 9.11 | 16.11 | 11 |
| Piątek | 8.09 | 15.09 | 22.09 | 29.09 | 6.10 | 13.10 | 20.10 | 27.10 | 3.11 | 10.11 | 17.11 | 11 |
| Sobota | 9.09 | 16.09 | 23.09 | 30.09 | 7.10 | 14.10 | 21.10 | 28.10 | 4.11 | 11.11 | 18.11 | 11 |
| Niedziela | 10.09 | 17.09 | 24.09 | 1.10 | 8.10 | 15.10 | 22.10 | 29.10 | 5.11 | 12.11 | 19.11 | 11 |

| | ETAP 2 – 20.11-28.01.2024 | | | | | | | | | | | |
|---------------------|-----------------------------|-------|-------|-------|-------|-------|------|-------|-------|-------|--|-----------|
| | LISTOPAD/ GRUDZIEŃ/ STYCZEŃ | | | | | | | | | | | SUMA |
| Poniedziałek | 20.11 | 27.11 | 4.12 | 11.12 | 18.12 | 25.12 | 1.01 | 8.01 | 15.01 | 22.01 | | 8 |
| Wtorek | 21.11 | 28.11 | 5.12 | 12.12 | 19.12 | 26.12 | 2.01 | 9.01 | 16.01 | 23.01 | | 9 |
| Środa | 22.11 | 29.11 | 6.12 | 13.12 | 20.12 | 27.12 | 3.01 | 10.01 | 17.01 | 24.01 | | 10 |
| Czwartek | 23.11 | 30.11 | 7.12 | 14.12 | 21.12 | 28.12 | 4.01 | 11.01 | 18.01 | 25.01 | | 10 |
| Piątek | 24.11 | 1.12 | 8.12 | 15.12 | 22.12 | 29.12 | 5.01 | 12.01 | 19.01 | 26.01 | | 10 |
| Sobota | 25.11 | 2.12 | 9.12 | 16.12 | 23.12 | 30.12 | 6.01 | 13.01 | 20.01 | 27.01 | | 10 |
| Niedziela | 26.11 | 3.12 | 10.12 | 17.12 | 24.12 | 31.12 | 7.01 | 14.01 | 21.01 | 28.01 | | 8 |

| | ETAP 3 – 29.01 – 14.04.2024 | | | | | | | | | | | |
|---------------------|---------------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------------|
| | STYCZEŃ/LUTY/ MARZEC/ KWIECIEŃ | | | | | | | | | | | SUMA |
| Poniedziałek | 29.01 | 5.02 | 12.02 | 19.02 | 26.02 | 4.03 | 11.03 | 18.03 | 25.03 | 01.04 | 08.04 | 10 |
| Wtorek | 30.01 | 6.02 | 13.02 | 20.02 | 27.02 | 5.03 | 12.03 | 19.03 | 26.03 | 02.04 | 09.04 | 11 |
| Środa | 31.01 | 7.02 | 14.02 | 21.02 | 28.02 | 6.03 | 13.03 | 20.03 | 27.03 | 3.04 | 10.04 | 11 |
| Czwartek | 1.02 | 8.02 | 15.02 | 22.02 | 29.02 | 7.03 | 14.03 | 21.03 | 28.03 | 4.04 | 11.04 | 11 |
| Piątek | 2.02 | 9.02 | 16.02 | 23.02 | 1.03 | 8.03 | 15.03 | 22.03 | 29.03 | 5.04 | 12.04 | 11 |
| Sobota | 3.02 | 10.02 | 17.02 | 24.02 | 2.03 | 9.03 | 16.03 | 23.03 | 30.03 | 6.04 | 13.04 | 10 |
| Niedziela | 4.02 | 11.02 | 18.02 | 25.02 | 3.03 | 10.03 | 17.03 | 24.03 | 31.03 | 7.04 | 14.04 | 10 |

Ferie 12.02-25.02 zajęcia odbywają się zgodnie z harmonogramem.

| | ETAP 4 – 15.04. - 23.06.2024 | | | | | | | | | | | |
|---------------------|-------------------------------------|-------|-------|-------|-------|-------|-------|------|-------|-------|------------------|-------------|
| | KWIECIEŃ/ MAJ/ CZERWIEC | | | | | | | | | | | SUMA |
| Poniedziałek | 15.04 | 22.04 | 29.04 | 6.05 | 13.05 | 20.05 | 27.05 | 3.06 | 10.06 | 17.06 | 10 | |
| Wtorek | 16.04 | 23.04 | 30.04 | 7.05 | 14.05 | 21.05 | 28.05 | 4.06 | 11.06 | 18.06 | 10 | |
| Środa | 17.04 | 24.04 | 1.05 | 8.05 | 15.05 | 22.05 | 29.05 | 5.06 | 12.06 | 19.06 | 10 | |
| Czwartek | 18.04 | 25.04 | 2.05 | 9.05 | 16.05 | 23.05 | 30.05 | 6.06 | 13.06 | 20.06 | 10 | |
| Piątek | 19.04 | 26.04 | 3.05 | 10.05 | 17.05 | 24.05 | 31.05 | 7.06 | 14.06 | 21.06 | 10 | |
| Sobota | 20.04 | 27.04 | 4.05 | 11.05 | 18.05 | 25.05 | 1.06 | 8.06 | 15.06 | 22.06 | 10 | |
| Niedziela | 21.04 | 28.04 | 5.05 | 12.05 | 19.05 | 26.05 | 2.06 | 9.06 | 16.06 | 23.06 | 9 *zawody | |